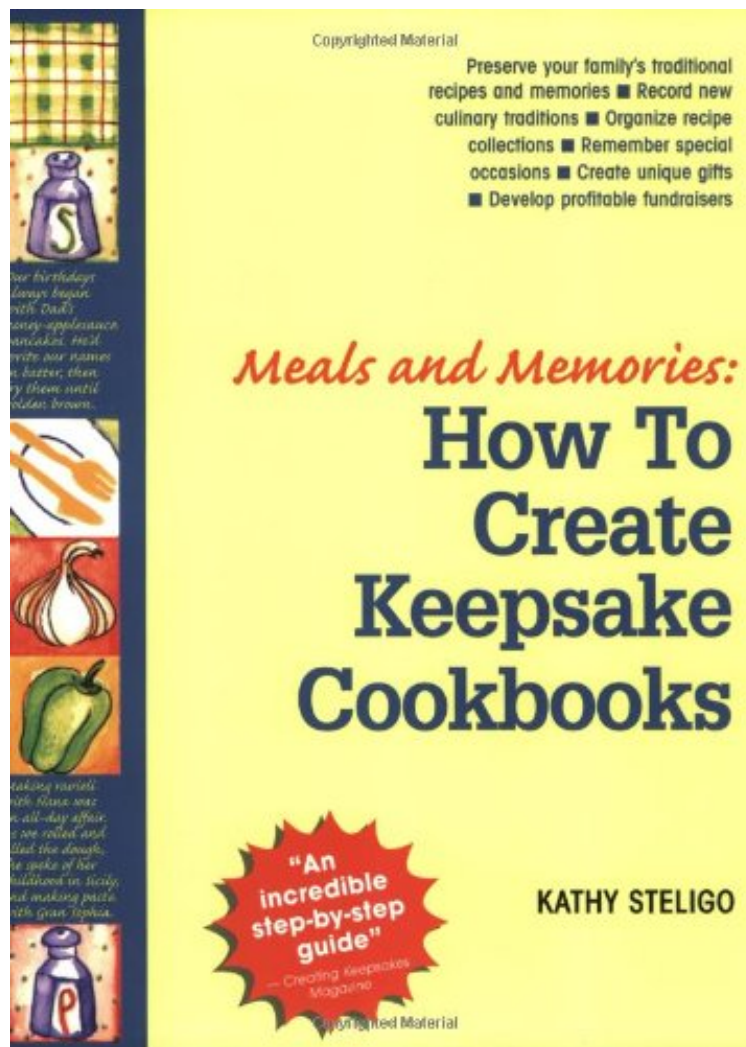


# Meals and Memories: How To Create Keepsake Cookbooks

Kathy Steligo

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**Kathy Steligo : Meals and Memories: How To Create Keepsake Cookbooks** before purchasing it in order to gage whether or not it would be worth my time, and all praised Meals and Memories: How To Create Keepsake Cookbooks:

31 of 31 people found the following review helpful. Logical, easy introduction to making your own cookbooksBy A. RyanAt one time or another I would look at the jumble of cookbooks and collected recipe cards in my kitchen cabinet and think that there must be a better way to organize those recipes. Something to gather them all in one place, ordered and protected, within easy reach. A family cookbook perhaps? Meals and Memories: How to Create Keepsake Cookbooks answered my need and gave me a few new ideas for wonderful keepsake cookbooks.Author Kathy Steligo really leads the reader by the hand through basic steps to collecting, organizing and designing keepsake cookbooks. Before you start on your treasury of recipes, there are many points to consider depending on what the purpose of your

keepsake cookbook will be, or really who will be the main user(s). If you're like me, you wouldn't have thought ahead about the differences between a cookbook for your own home and one destined to be reproduced for a fundraiser, for instance. When do you most need page protectors, and which type of binding system is best for personal gifts? Is it better to handwrite or use computer journaling? How could you include the original recipe cards on your pages? Never here, the solutions are in here. Now a caution to all you scrapbookers: this book is focused more on the organizational, practical issues about preserving favorite recipes. You don't consult it for cute page ideas about recipes in your scrapbook layouts, you read it to find out how to make a complete, working volume for use in the kitchen. Sure there are some tips on decorating and design, references to other books and resources to teach you further about design and journaling, even an introduction to archival preservation basics and techniques, but that's not the main point here. This is a no-nonsense guide to getting it all done in a simple, orderly fashion that leaves plenty of room for personalization and artistic flair, but at your own discretion. All that being said, I learned a lot about keepsake recipes and even came away with inspiration for how to do my own collected recipes books for family gifts. If you are serious about preserving this part of your family heritage, or just want to remember good times with friends and food, this is the ideal introduction to the topic. -Andrea, aka Merribelle0 of 0 people found the following review helpful. Pleased By Stephanie A. Serleth Great road map to creating your own cookbook. 22 of 22 people found the following review helpful. An invaluable reference. By drpaxton@bentonrea.com Once you decide to go ahead and begin a project like compiling your family's unorganized recipe collection, it's hard to know where to start first. Kathy takes all the guesswork out of figuring out layout and design, and with more than 50 illustrations, examples, and samples, you're sure to find one that appeals to you. You'll then be on your way to creating a family masterpiece. If you're serious about undertaking a project like this, I highly recommend *How to Create Keepsake Cookbooks*, it's an invaluable reference you'll turn to again and again. Rachel Paxton, Creative Homemaking

If you're passionate about food, want to preserve your culinary heritage, or have ever dreamed of writing your own cookbook, *Meals and Memories: How To Create Keepsakes* will show you how to create the most unique cookbook in your kitchen. Providing information not found anywhere else, each chapter of this intriguing guide explains and encourages, then summarizes with a step-by-step checklist. The light-hearted, easy-to-understand text is served up with a generous helping of suggestions and tips for recipe style, page layout, and how to write stories and memories about your favorite recipes (we've even included tips for getting over "writer's block"). More than 50 illustrations and examples help you along the way. You even get 31 wonderful recipes. Looking for ways to leverage your fundraising profits? Do your organization a favor and read this book first!

"In all my years in the cookbook business, I have never seen a book like this. I cannot think of a better resource than this unique and superbly-illustrated book for creating a lasting family memento." -- Perry Berman, Books-for-Cooks.com About the Author Kathy Steligo has been cooking, developing her own recipes, and writing for more than 30 years. Her freelance work has appeared in a variety of newspapers and national magazines, including *American Brewer*, *American Motorcyclist*, *Business Start-Ups*, *Chile Pepper*, *Culinary Trends*, *E the Environmental Magazine*, *Traditional Quiltworks*, and *Wildlife Conservation*. She also conducts *Create-A-Cookbook* seminars for children, adults, and seniors.