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Milk Soapmaking: The Smart Guide to Making Milk Soap From Cow Milk, Goat Milk, Buttermilk, Cream, Coconut Milk, or Any Other Animal or Plant Milk (Smart Soapmaking)

Anne L. Watson

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Anne L. Watson : Milk Soapmaking: The Smart Guide to Making Milk Soap From Cow Milk, Goat Milk, Buttermilk, Cream, Coconut Milk, or Any Other Animal or Plant Milk (Smart Soapmaking) before purchasing it in order to gage whether or not it would be worth my time, and all praised Milk Soapmaking: The Smart Guide to Making Milk Soap From Cow Milk, Goat Milk, Buttermilk, Cream, Coconut Milk, or Any Other Animal or Plant Milk (Smart Soapmaking):

5 of 5 people found the following review helpful. Good bookBy Sharon A. ReevesBeing new to soap making I purchased three (3) books, Milk Soapmaking by Anne L. Watson, Soap Crafting By Anne-Marie Faiola, The Soap Queen and Basic Soap Making edited by Letcavage. I have reviewed the three and find that each of them has good information to offer. If you are looking for an easy to follow soap making book that is great for a beginner like myself I would recommend both Basic Soap Making Letcavage and Soap Crafting by The Soap Queen as they have easy to follow instructions as well as pictures to follow along. The Basic Soap making book offers more explanation on types of oils and smells to showing you some common items that can be used to make soap. The Soap Crafting book provides easy to follow recipes as well as easy to follow instruction and explanations. I love not only the MANY

recipes in this book but also the explanation on techniques used to get different designs in soap. In my opinion, these books complement each other very well or could be purchased separately. The Milk Soapmaking book is perfect for milk soap recipes as well as explanations; it is a straight read only book so if you're looking for a picture explanation you will not get it. She does an excellent job of describing what texture you should look for however, if you like an example this book may be best as an accompaniment to one or both of the other books and not as a sole source.³ of 3 people found the following review helpful. The Best Book on Milk Soap Making in all Variations By Katy Luther I now use Anne's freezer method of preparing a yogurt/water mixture for soap making, and it is genius! It is perfect for mixing the yogurt/water with the lye and really shortens the time for the whole process. Anne has done lots of experimentation and record-keeping on many, many batches of milk-based soap which has allowed her to de-mystify and simplify the process, by eliminating unnecessary steps that other books swear by and tell you that you must do. In spite of Anne's caution against using the technique and the yogurt for other recipes, I do, and I have had success every time. I put yogurt in all of my recipes now using Anne's freezer method, and it produces wonderful soap, every time. My only problem with the book is that Anne lays out both the warm method and the cold method side-by-side over the course of several pages. I would rather have had them laid out separately so that each one takes up only a few pages, by itself (less page turning while working). I see no benefit to having them side-by-side, since you would never make them both at the same time, and who really cares how they compare with one another. The side-by-side layout is rather confusing, I think, and makes each process harder to follow than if each was simply laid out by itself. But the yogurt-parfait soap is perfection! If you are interested in trying to make milk, lye-based soap, you absolutely have to try that recipe! I would spray my mold with cooking spray, however, and put the mold into the freezer for 15 minutes before I unmold, and maybe even leave it in the mold for 48 hours. Milk-based soaps can be pretty soft to unmold.⁰ of 0 people found the following review helpful. Great Soap Making Book By Morgan D. Ann Watson simplifies soap-making so much so that even a child could do it (though because of the caustic chemicals, I wouldn't recommend a child do it). I was able to create some of the most amazing bars of goatsmilk soap with a rich and creamy lather that my family and friends absolutely loved! The best part about this book is that the Ms. Watson actually responded directly to some questions I had via email and referred me to the correct pages in the book so that I could find the answers on my own in the future. The instructions are very specific step by step leaving nothing out. Ms. Watson includes PPE (Personal Protective Equipment) recommendations and safety tips to keep yourself from being injured when working with caustic chemicals. If you follow her instructions exactly, you will be able to create beautiful soaps. I loved it because I know exactly what is in the soap and I made it all organic. Before getting into milk soap making, I would recommend Ann Watson's first book "Smart Soap Making". Milk soap making is a little more complex and its good to start with the basics.

*****#1 AMAZON.COM BESTSELLER IN SOAP MAKING (DECEMBER 2013)***** SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of milk soaps but shy away from the cost? Are you looking for a special kind of gift you can make yourself? Or do you already make soap and want to try something new? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her soapmaking revolution with the first practical, comprehensive book on making milk soap from scratch. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it. // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // "Beautiful in its simplicity. . . . A definitive book for experienced as well as beginning milk soapers." -- Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana "An easy to read and understand book that will take the mystery out of milk-based soapmaking and debunk some of the myths surrounding it. It contains some great basic formulas to get you started making milk soaps of any kind, and fuel to let your imagination run wild when you are ready to formulate your own creations. A good source of information for new soapmakers, and also suitable for more experienced soapmakers who want to start making milk soaps but thought it would be too difficult." -- Amanda Guilfoyle, Bodelicious Bath Body Products, Ipswich, Queensland, Australia "As always, Anne is up to her usual excellence. This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap *easily*. LOVE this book!!!" -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "If you have an interest in milk soaps, this is the book for you. . . . Debunks much of the popular wisdom that may have discouraged some soapmakers." -- Kevin M. Dunn, Author, "Scientific Soapmaking" and "Caveman Chemistry" "As uber-soapmaker Anne L. Watson demonstrates, milk soaps made properly are [rightfully] well-known for a quality of luxurious buttery softness that is undeniable. . . . Anne once again acquits herself ably as a scholar of the suds and a natural communicator." -- Wishing Willow (blog) "Enthusiastically recommended." -- Midwest Book Review, Feb. 2009, "Reviewer's Choice" "Full of information that

milk soapers, whether novice or experienced, could use to make better milk soaps. Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen. . . . Anne details what seems to be everything there is to know about the subject. Rather than simply offering her opinions and favorite practices, Anne did extensive testing and experimenting, learning how to make the best milk soap bars that could be made. Soapmakers will be impressed with the amount and quality of Anne's research and observations. . . . That leaves the question: Can a neophyte make good cold-process milk soap? I now say yes, with the caveat they have 'Milk Soapmaking' in hand." -- Beth Byrne, "The Saponifier," Sept.-Oct. 2010

From the Author "Beautiful in its simplicity. . . . A definitive book for experienced as well as beginning milk soapers." -- Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana