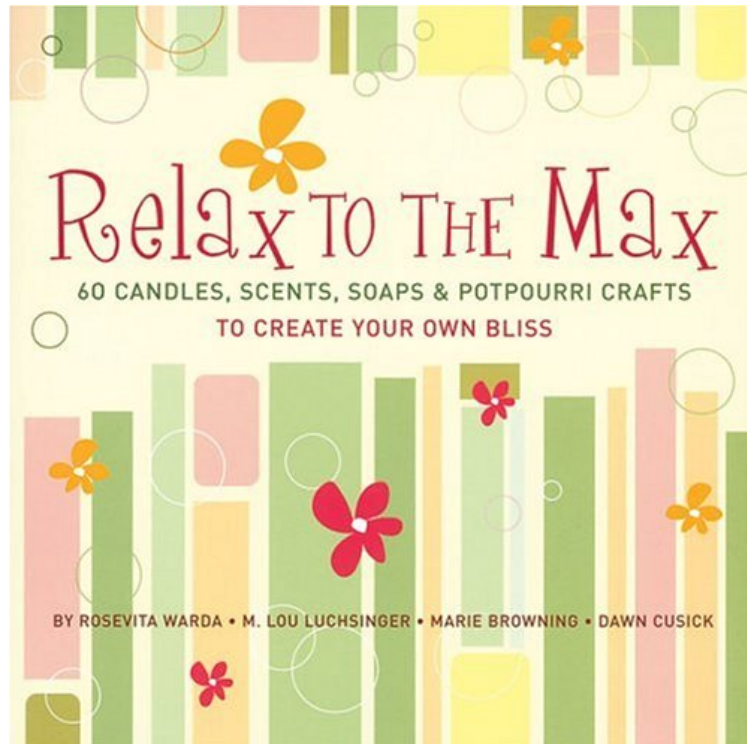


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Relax to the Max: 60 Candles, Scents, Soaps Potpourri Crafts to Create Your Own Bliss

Rosevita Warda, M. Lou Luchsinger, Marie Browning, Dawn Cusick
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Rosevita Warda, M. Lou Luchsinger, Marie Browning, Dawn Cusick : Relax to the Max: 60 Candles, Scents, Soaps Potpourri Crafts to Create Your Own Bliss before purchasing it in order to gauge whether or not it would be worth my time, and all praised Relax to the Max: 60 Candles, Scents, Soaps Potpourri Crafts to Create Your Own Bliss:

0 of 0 people found the following review helpful. Three Stars By Kindle Customer Some good suggestions, but nothing that I haven't found already. Ended up being gifted to someone. 7 of 8 people found the following review helpful. Great book for beginners...the hobbyist By TeaLady This book is great if you are a beginner. Has melt and pour recipes, candle recipes, and easy bath recipes. If you are looking to experiment with making cold processed/hot processed soap, this is NOT the book for you! If you are into arts and crafts and looking for a hobby, this book was made for you... You'll love the bright photos, and the recipes are easy to understand. 1 of 1 people found the following review helpful. love it but... By N. Ball Relax to the Max 60 Candles, Scents, Soaps and Potpourri Crafts to Create Your Own Bliss is a colorful fun book with lots of recipes and pretty pictures. It explains how to use the various components to making personal products and essential oils. It has a lot of recipes and suggestions with clear easy to follow directions. The only thing I don't like about the book is that though it explains the difference between synthetic fragrance oils and essential oils it belittles that difference by calling all essential oils fragrance oils in the recipes.

Slow down (maybe even stop), and smell the roses--and the jasmine, sandalwood, peppermint, and citrus blends, too. These remarkable fragrant candles, soaps, and potpourris make it simple for overworked, stressed-out women to experience the relaxing pleasures of aromatherapy every day. Each deliciously aromatic item in this lushly illustrated manual uses pure essential oils that promote a sense of health and well being. Whether the oil permeates the air or gets absorbed through the skin, it works its magic. An introduction explains aromatherapy's benefits, and provides hints for purchasing, blending, and storing the oils. With the help of easy-to-follow directions, create a Lifting Lavender Embedded Marble Candle; muscle soothing Relief Bath with juniper, rosemary, lemon, and eucalyptus; Serenity Now soap with patchouli; and Spicy Potpourri.